# Moving From PBM to PBA Model

Lindsey Imada, PharmD Candidate 2016
Midwestern University, Chicago College of Pharmacy
Pro Pharma Pharmaceutical Consultants, Inc.
Under the preceptorship of Dr. Craig Stern



#### **OBJECTIVES**

- Define PBM and Related Issues
- Define the PBA Model and Benefits
- RFP and Contracting Process
- Limitations to PBA Model
- Pro Pharma's Role
- Summary PBM vs. PBA



#### WHAT IS A PBM?

- Pharmacy Benefit Manager (PBM)
  - > An entity contracted by employers and health plans to help administer prescription drug benefits
    - Examples: Caremark, Express Scripts, Medco
  - Provide cost controlling measures to achieve affordable prescription coverage for health plans and their members
    - Establish pharmacy networks
    - Negotiate manufacturer rebates



#### PBM STANDARD SERVICES

- Real-time prescription adjudication
- Drug utilization review (DUR) at point-of-sale
- Mail order services
- Formulary management
- \* Maximum allowable cost (MAC) list
- Monitoring drug utilization and industry trends



#### **PBM ISSUES**

Many PBMs do not disclose true discounts and rebates negotiated with pharmacies and manufacturers

#### Pharmacy spread

- > Health plans unaware of paid price of medications
- ➤ PBMs retain the difference between the amount collected from the health plan and the amount the paid to the pharmacy *as profit*



#### PBM ISSUES, cont.

- Other sources of revenue:
  - > Manufacturer rebates and formulary design
    - Preferred list consisting of drugs with greater rebates
    - Do not pass-through full rebate to health plan
  - > Multiple MAC lists
    - Different lists create spread
- ❖ To limit these issues, more health plans are moving away from PBMs to <u>the PBA model</u>



#### WHAT IS A PBA?

#### Pharmacy Benefit Administrator

- > Primarily provide prescription administration
- ➤ Offer similar services as PBMs such as network pharmacy contracts, formulary management, MAC list, but do not enforce them
  - May be managed internally by health plan
  - Allow for customization



#### BENEFITS OF THE PBA MODEL

#### Transparency

Health plan knows actual cost of prescriptions and rebates collected

#### Elimination of "middle-man" incentives

> No profits associated with intermediary functions

#### Control

- > Customization of network, formulary, MAC list, etc.
- > Control over revenue streams



#### PBA RFP/CONTRACTING

- Health plan issues a Request For Proposal (RFP) laying out parameters
- Contract signed once both parties in agreement
- PBA assumes specific responsibilities

Health Plan

RFP/Contract

**PBA** 



#### PBA Responsibilities

- Claims processing
- Implementing services
- Data reporting



#### RFP/CONTRACT PARAMETERS

- \* All claims are pass-through, <u>transparent</u>, no spread and must obey "lesser of" logic
- All drugs dispensed <u>must comply with the</u> <u>health plan's benefit design</u> and formulary requirements
- All claims must be adjudicated as "clean" with no algorithms or other logic that differs from nationally recognized database for providers, pharmacies, NDC, etc.

#### HEALTH PLAN RESPONSIBILITIES

- Benefit plan information/member eligibility
- Custom network, formulary
- Custom MAC list
  - > Includes all formulary generics
  - > Based on "lesser of" logic
    - State Medicaid MAC
    - Centers for Medicare & Medicaid Services (CMS)
       Federal Upper Limit (FUL)
    - Contracted Average Wholesale Price (AWP) discounts
  - Pricing updated monthly



#### PBA RESPONSIBILITIES

- Claims processing
- Customizing or implementing services initiated by health plan
- Clinical services
- \* Reporting, data, and management tools



#### LIMITATIONS OF THE PBA MODEL

- Requires more time, input, and contribution from health plans
- ❖ PBAs may not have the purchasing power to negotiate discounts/rebates as well as PBMs



#### WHAT CAN PRO PHARMA OFFER?

- Provide RFP/contract templates
- Help implement contract between health plan and PBA
- Generate custom MAC list
- Analyze results of health plan and PBA relationship



### PBM vs. PBA

PBM	PBA
<ul> <li>Provide all services</li> <li>More purchasing power</li> <li>Lack of transparency</li> <li>Hidden profits</li> <li>May not serve best interest of health plan</li> </ul>	<ul> <li>Drug pricing transparency</li> <li>Eliminate spread and offer pass-through pricing</li> <li>Work to benefit interests of health plan</li> <li>Allow health plan more control</li> <li>May not provide all services</li> <li>May have less purchasing power</li> <li>Require more time and input from health plan</li> </ul>



#### **SUMMARY**

- To gain more transparency, more health benefit plans are moving towards the PBA model
- More PBMs are offering PBA services
- Health plans should determine if they have the resources to take on more control of their benefits and services



### **THANK YOU**

## QUESTIONS?

#### REFERENCES

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